**Friendship Small Group**

Dear Parents,

Thank you for letting your daughter participate in our “Girl Talk” group. We had a fun time learning about the different components of healthy friendships. I hope the information we discussed, in our group, will help them in their current and future friendships.

Here are a few of the activities the girls completed during our group:

* Friendship Metaphor Basket
  + This activity allows the girls to relate traits of friendship to classroom objects. An example might be “friendship is like tape, because good friends stick together.”
* Friends Venn Diagram
  + The girls were paired up to create a Venn Diagram about themselves. Quickly, the girls discovered how differences can affect friendships.
* Compliment Circle
  + This activity is important after we discussed building our friends up instead of tearing them down.
* Cartoon Conflicts
  + The girls made there own cartoon strip about conflicts friends might have. The girls made another cartoon showing a way to solve the problem.

I have encouraged your girls to come talk to me one-on-one anytime they need help with their social relationships. I think it is important for us to teach them how to manage friendships, but sometimes kids need help forming a solution. Therefore, I hope to be part of their support system.

I have loved working with your daughters.

Alyssa Hall

Lower School Counselor