

# Counselor's Communication

Harding  
Academy

September 2012

## Mrs. Hall's Monthly Newsletter

### Harding Happenings:

Classroom Guidance Lessons will be starting this month. The lessons will be based on the needs of our students at Harding Academy. Please ask your students about their classroom guidance lessons. Have conversations with your child about the topics we are covering. Thank you for supporting the counseling program!

*"Kind words do not cost much.  
Yet they accomplish much."  
-B. Pascal*



**"Kind words are  
like honey-sweet  
to the soul and  
healthy for the  
body."  
Proverbs 16:24**

### Important Dates:

Monday, September 3<sup>rd</sup>  
**Labor Day – No School!**

Friday, September 14<sup>th</sup>  
**Conferences - 11:30 Dismissal**

**Alyssa Hall**

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### Find Time for FAMILY:

Kids rely on their families for love, guidance, and a sense of belonging. Without these things, it's hard to do well in school or in life. Activities like the following will show your child that he or she has family support:

- **Eat meals together.** Extend your time together by preparing and cleaning up as a family too. Turn off the television during meals so conversations can take place!
- **Take trips.** Go to a concert, local museum or sports event. Ask your children, "What would you like to do?"
- **Play together.** Choose games that everyone can enjoy, such as charades, board games or 20 questions.
- **Plan family nights.** Decide together what to do, or take turns choosing. You might order pizza, bake cookies or see a movie. Sometimes invite another family to join you.
- **Do something silly.** Some of the best family memories are the funniest ones. You might make breakfast for dinner, or dress in the craziest outfits you can find.
- **Relax.** Some parents find that right after school is a great time to spend with children. The kids are ready to plop down and talk about their day. Talk about family news, goals, concerns, and successes. Read your Bible or pray together as a family as well.

We love each other because  
he loved us first.

1 John 4:19

